



Practice Newsletter #5 [Update]

September/October 2015

Staff Changes: Jan Elder, one of our practice nurses, leaves us at the end of October to pursue other opportunities. While she is sad to leave she looks forward to seeing you around town and when she comes back to fill in for us. Not everyone has caught up with the fact that Dr Low is also retiring from practice at the end of November. He will do locums for us, starting with one all January. We are sad to lose these staff members, but We wish them all the very best for their plans We want to thank them for the huge contribution they have made to the team here.

Xmas Reminder: Please remember to stock up on your medication so you don't run out over the holiday period. It is now less than three months away. We will be closed on the public holidays. We will open the three days between Xmas and New Year but for urgent problems only. The Medical and Injury Centre (546 8881) will provide urgent care when we are closed.

PTO.

Discounted Cervical Smears: Your health is important to us. This November we are offering cervical smears for \$29 with a practice nurse. Book today.

Thank you: Thank you very much for your co-operation in filling out our patient satisfaction survey. It has taken a while. Because your feedback is important we need to hear from a big cross-section of the practice. The patient portal survey will remain on the waiting room table until we get the required number of responses.

Stoptober: www.stoptober.nz It's that time of year when many of you will be taking part in Stoptober. If you missed out on registering this year it will be running again next year and we will put a reminder in our newsletter. For those of you who registered we hope you win a prize, but big savings and better health are huge prizes in themselves. Don't forget there are many avenues of help out there if you need it.

Of course at the end of Stoptober some men may be moving on to Movember.....